

# Welcome to Our weekly Update

*Making A Remarkable Difference To Our Families*

10<sup>th</sup> Octpber 2026



## This Week's Figures!

**70 people** received support and were provided with **744.850kg** of essential items and food to cover **1470 meals**.

We saw 31 cases (9 of which were new!) plus 6 did not attend.

We were able to close 6 cases.

*Next week we are expecting to feed 72 people + any new referrals!*

## Can You Help Top Up Our Shelves?

- TINNED CARROTS / PEAS
- SHAMPOO / DEODORANT FOR ALL
- RICE PUDDING
- TINNED SPAGHETTI / MACARONI CHEESE
- GLUTEN FREE FOOD (NOT PASTA)
- CORDIAL / SQUASH
- PKT & POT NOODLES
- TINNED CHILLI / STEW / MINCE / MEATBALLS / HOTDOGS / CHICKEN IN SAUCE
- SMALL TINS OF HAM / PORK / SPAM
- INSTANT CUSTARD / ANGEL DELIGHT
- COFFEE / SUGAR
- LONG LIFE MILK
- WASHING POWDER / WASHING UP LIQUID

## Ways to Help Us!

- **Food Drop-Off** at the Withywood Centre  
Queens Road, Bristol BS13 8QA

Monday – Friday: 8:30 AM – 5:00 PM

Sundays: 9:30 AM – 12:00 Noon

(For frozen or refrigerated items, please notify the receiving volunteer)

- **Donate by Bank:** email us for details or our Gift Aid form.
- **Shop Online?** Use easyfundraiser to give a little extra—here's our QR code!



## A Harvest of Generosity

It's lovely to hear that so many local churches celebrated Harvest last weekend through prayer, song and bountiful gifts given to us to distribute to the people we support.



Our heartfelt thanks go to Knowle Methodist Church, St Martin's Knowle, St Nicholas Whitchurch, St Peter's, St Pius Xth & Sacred Heart Churches and Withywood Church who donated an amazing **411.2kg** of food

*"Give thanks to the Lord, for he is good; his love endures forever."* **Psalms 107:1**

We're sending individual Harvest thank-you letters to acknowledge every generous contribution and the communities behind them.

And there's more to come! Next week, we're delighted to be receiving Harvest gifts collected by some of our local schools, continuing this wonderful season of sharing.

## Arrived at the Centre!

**A total 925.300kg** of food & essential items!

Heartfelt thanks to all our other amazing donors: Individuals, Lidl's, M&S, Customers of Morrisons and Sainsburys, Slimming World. And all who have given financial donations enabling us to order supermarket deliveries.

## To Get In Touch!

Email: [Carpenters@withywoodcentre.com](mailto:Carpenters@withywoodcentre.com)

Tel: 07774 255013 (0117 987 84 00)

You are all fantastic! Thank you.

*Tracey, Debbie and the team.*

Reg. Charity No: 1212123